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Letter from the Chair

Natalie Lancer

A BIG ‘hello’ from me, Dr Natalie Lancer, your new Chair of the Division of Coaching Psychology. I aim to differentiate our division from other coaching bodies over the next two years by underlining the ‘psychology’ in coaching psychology. Our ability as coaching psychologists to conduct robust research, read the literature critically and use it as an evidence-base to inform our coaching is our key strength. This strength will be explored and built upon through our division’s schedule of activities. For example, at the time of writing, we are busy producing the second series of our podcast, ‘The Coaching Psychology Pod’ (go here to listen to the first series if you haven’t already: <https://www.bps.org.uk/member-networks/division-coaching-psychology>), in which contributors to our publications, *The Coaching Psychologist* and *International Coaching Psychology Review*, have been invited to showcase their research.

Our CPD webinar series and conference will also focus on research and how, as coaching psychologists, we put evidence into practice and what this looks like in coaching sessions. This sharing of knowledge is also encouraged in our peer practice groups. If you are not yet part of a group, please find out more here: <https://www.bps.org.uk/peer-practice-groups>. They are a fabulous way to exchange information and ideas around coaching psychology practice.

The importance of being able to understand and conduct research is reflected in the standards that need to be met to gain chartership. There is a wide array of research that is relevant to coaching psychology and many of our members have undertaken research of some kind over the years. I invite you to consider how you use the findings of your own research in your coaching practice and how you might share these with others, perhaps through contributing an article to one of our publications (see our website to find out how to submit articles). As our evidence base and our ability to implement this evidence grows, our clients will benefit even more from the service we provide as coaching psychologists.

Wishing you a successful few months until the next issue.

With my very best wishes,

Dr Natalie Lancer

Chair, Division of Coaching Psychology