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# Letter from the Chair

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**I**N MY LAST letter, I opined that consuming and conducting research to inform our practice is a cornerstone of Coaching Psychology. This does not mean that we all have to pause our practice and undertake a doctorate in Coaching Psychology (although for some this may well be of interest). Rather, research can take many forms and I suggest that it becomes embedded into our practice rather than a one-off activity. Indeed, I believe, ideally, that our practice informs our research and our research informs our practice. This integration of research and practice is the theme of our 2023 Coaching Psychology Conference and I look forward to hearing from and discussing with colleagues how we do this in reality.

Research takes time, integration of research into practice takes deep reflection and we have so many other things to do, including the core of our work - coaching, supervision, reading *The Coaching Psychologist* and *International Coaching Psychology Review*, marketing, CPD, further study and applying for Chartership (delete as applicable!). I have a deep fascination in how we can do all these things well, and in a meaningful way and I enjoy 'collecting' stories of how coaching psychologists navigate their professional lives. At the time of writing, I am developing my keynote for the conference, mulling over this web of professional complexity. I am also really looking forward to hearing the other

keynotes and colleagues' presentations.

After nearly twelve months in post as Chair of the Division of Coaching Psychology, it is apt to reflect on what has gone on over the past year. The second series of our podcast 'The Coaching Psychology Pod' is now live, we have had great attendance at our webinars, we have a record number of Peer Practice Groups, and we have new subcommittees in Diversity, Outreach and Volunteering. There is a palpable level of excitement amongst coaching psychologists I meet (Zoom coffee anyone?) about the Division of Coaching Psychology finally being our much-needed professional home and it is important to thank all the Coaching Psychology greats over the last two decades who made the Division a reality.

So, with much warmth in my heart, I urge you to be part of the Coaching Psychology story – read this *TCP* issue, come to the conference, attend the CPD webinars, find a PPG group, and let's connect with each other, swapping stories of how we 'do' coaching psychology.

I am here to support you in all things Coaching Psychology.

With my very best wishes,

**Dr Natalie Lancer**

Chair, Division of Coaching Psychology